

**Feeling
the Cold?**



**ARE YOU
FEELING THE
COLD?**

**ASK FOR HELP -
A RANGE OF
LOCAL SUPPORT
IS AVAILABLE
TO HELP HEAT
YOUR HOME**



www.pkc.gov.uk/feelingthecold

Everyone deserves to live in a warm home. If you are struggling to pay your heating bills, help and support is available.

The Council's **Welfare Rights Team** can help make sure that you are not missing out on any entitlement to benefits, including some to help you to heat your home. You can contact the Team by calling **01738 476900 (option 1)**.

If you are a Council tenant your **Locality Housing Team** may also be able to help. Call your Housing team on **01738 476000 (option 2)**.

Scarf and the Home Energy Advice Team

Social enterprise Scarf delivers a Home Energy Advice Team (HEAT) service across Perth & Kinross. This service is funded and supported by the local authority to help residents heat their homes for less.

HEAT offers free and impartial advice to homeowners, local authority tenants, housing association tenants and private rented tenants.

Their advice helps householders reduce their energy use, find the best supplier and tariff to suit their needs, and help them make the switch. Advisors from HEAT also offer an advocacy service to help those in fuel debt.

You may qualify for £140 off your electricity bill during winter under the Warm Home Discount Scheme.

Call the team on **0808 129 0888** or email **heat@scarf.org.uk**

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**PERTH &
KINROSS
COUNCIL**

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Home Energy Scotland

Home Energy Scotland is a network of local advice centres covering all of Scotland. Its expert advisors offer free, impartial advice on energy saving, keeping warm at home, renewable energy, greener travel, cutting water waste and more.

HES is funded by the Scottish Government and managed by the Energy Saving Trust, to help people in Scotland create warmer homes, reduce their bills and help tackle climate change.

You can call them on **0808 808 2282**.

All calls are free and advisors are available Monday – Friday from 8am to 8pm, and Saturday from 9am – 5pm.

Energy saving tips

There are also simple things everyone can do to reduce your household energy bills, like making sure devices like TVs are not left switched on in standby or filling your kettle more efficiently.

Visit <https://energysavingtrust.org.uk/> for more information.